



MITHLESH NURSING HOME

68, West Model Town, Ghaziabad, UP, Phone: 0120-2861521, 4911676, mnhgzb@gmail.com

GYNECOLOGY | PAEDIATRY | DIABETES CARE & WELLNESS

Facilities

- All types of operation
- D & C
- Family Planning
- Nursery
- Photo Therapy
- Pathology
- Ultrasound
- Delivery
- X-Ray
- Nebuliser
- Equipped with Pulse Oxymeter & Cardiac Monitor
- Endoscopic & Plastic Surgery



- Diabetes Care
- Foot care Management
- Lifestyle modifications
- Obesity control
- In-house pharmacy
- All Lab investigations
- Pulse Diagnosis(Nadi Parikshan)
- Sri Sri Tattva (Ayurvedic Products)

www.nivaranhealth.com | drayush@nivaranhealth.com



ABOUT MITHLESH NURSING HOME

Established in the year 1985 as a Gynae & Newborn Care hospital at the city center, Mithlesh Nursing Home is headed by Dr. Amresh Chandra & Dr. Mithlesh Chandra who are long-serving practitioners of Paediatrics and Gynecology respectively. MNH today is a 15+ bedded Nursing Home with 24x7 care by experienced staff & medical professionals.

Being in the service for more than 35 years, MNH has strived to become one of the trusted and reliable Gynae and Newborn care nursing home in the city. As a committed health care center, MNH is visited by patients and Expecting Mothers, which provides 24x7 pharmacy, OPD, pathology, admission, delivery, surgery, nursing care, and more.



We are there 24x7, day or night to provide the best medical care.

OPD | Medicine | Paediatrics | Obs & Gynae | Geriatric | Pathology | Admissions | Surgeries – D & C, MTP, Endoscopy, Laparoscopy | ECG | Cardiac monitor | Nursery | ICU | Emergency Paediatric – Vaccination | Phototherapy | Nebulizer | Nursing care | Normal delivery Case rain section | Painless delivery | Hysterectomy | Inferior problem | Diabetes- Type 1 & 2 Insulin management | Prediab | Complications | Foot care treatment | Ulcer | Diab Nueropathy Obesity management | Diet exercise counseling | Pulse diagnosis | Yoga meditation | Ayurvedic products | Investigations | Pharmacy



GYNECOLOGY



PAEDIATRY



LIFESTYLE & WELLNESS

DR AMRESH CHANDRA

MBBS, DCH, Newborn, Child & Adolescent Specialist



Ex- Kalawati Satan Children Hospital, Delhi,
Ram Manohar Lohia Hospital, Delhi,
Kasturba Gandhi Hospital, Delhi
MMG Hospital, Ghaziabad,
Sudarshan Hospital, Ghaziabad

Expertise In:
Essential newborn care, Comprehensive Pediatric Card,
Immunization, Paediatric Nutrition, Breast feeding
counseling, Developmental predations, Nebulisation
Routine check up, Adolescent healthcare counseling,
General physician

DR MITHLESH CHANDRA

Obs & Gynecologist



MBBS (Lady Harding Delhi) , P.G.D,M.C.H, RCOG(UK), Antenatal & Post Natal Care, Normal Delivery
Caesarian section, Management of abortion, D & C, Pregnancy with DM, HT, Renal, Heart Disease
PCOD, Fibroid uterus ovarian cyst, Hormonal disturbance, Infertility – Male & Female, Family Planning
All type of surgeries, Vaccinations

DR AYUSH CHANDRA

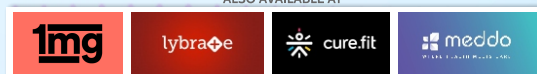
MBBS, D.Diab (UK), Fellowship in Diabetes
(Apollo Delhi), MBA (UK), FRSPH, Trained in
Diab Footcare (CMC Vellore) Consultant
Diabetologist & Diab. Foot Care Specialist



Ex & Trainings-
Dr DY Patil Hospital & Research Center, Pune
RNOH London (National Health Services)
Kingston Upon Thames Hospital, London
Max Super Speacialty Hospital, Vaishali
Sudarshan Hospital, Ghaziabad
Indraprastha Apollo Hospital, Delhi
Memberships: Medical council of India,
Indian Medical Association
American diabetes association, RSSDI Delhi
Diabetic foot society of India, UK Diabetes

Expertise In:
Diabetes Management, Uncontrolled Blood sugar,
DM Type 1 & 2, Prediabetes, Gestational Diabetes,
Hypertension & Thyroid, Diab Complications, Foot
Assessment, Wound Management, Diabetic Neuropathy,
Foot ulcer, Nail care, Lifestyle management- Diet
Counseling, Exercise plan, Obesity & Weight
Management, Yoga & Meditation

ALSO AVAILABLE AT



ASSOCIATED WITH





nivarān नाडी परीक्षण YOGA & AYURVEDA (Pulse Diagnosis) BRINGING A CHANGE



- An ancient ayurvedic technique of diagnosis.
- Accurately diagnose physical, mental & emotional imbalances as well as diseases.
- Identifies root cause of the health issues.
- Pulse reveals both physical and mental characteristics of the patient.
- Personalized treatment, therapeutic plans, suitable diet and lifestyle.
- Naadi Parikshan is done empty stomach for precise diagnosis.



Dr Lalita Bhatt
Renowned Naadi Consultant
Ayurvedic practitioner
for 12+ years

Address: 68, West Model Town, GT Road, Gzb.
Contacts: 9971408025, 9971400967
Website: www.nivaranhealth.com

SriSri Home Delivery Available
TATVA

Monthly Camps & Tele Consultation

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Yoga for Life

Online Beginners & Intermediate Level Yoga
for Personal, Couple & Group Batches

**Specific Disorder Yoga & Mudras
(Diabetes, HTN, Thyroid, Obesity)**

Power Yoga | Pranayam | Mudras | Meditation

Dr. Ayush Chandra
Certified Yoga Trainer



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Pranayam | Mudras | Meditation



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HOME SAMPLE COLLECTION FACILITY AVAILABLE IN DELHI NCR.
SERVICES AVAILABLE FROM:



PACKAGE #	PACKAGE NAME	TESTS INCLUDED
N1	DIABETES WELLNESS	1 Diabetes Consultation + 1 Nutrition Consultation, Blood Profile, Diabetes Profile, Cardiac Profile, LFT, Kidney Profile, Thyroid Profile, Urine Analysis, Fat Analysis Yoga & Meditation Workshops(Optional)
N2	CHRONIC DIABETES WELLNESS	1 Diabetes Consultation + 1 Nutrition Consultation, Blood Profile, Diabetes Profile, Cardiac Profile, LFT, Kidney Profile, Thyroid Profile, Urine Analysis, Fat Analysis, Vitamin & Bone profile, Eye Screening, Cancer Screening(Oncology) Yoga & Meditation Workshops(Optional)
N3	DIABETIC FOOT SCREENING	1 Diabetes Consultation + 1 Nutrition Consultation, Complete Foot (Podiatry) Assessment, Neuropathy Screening, Foot Investigations, Blood Profile, Diabetes Profile, LFT, Kidney Profile, Thyroid Profile, Urine Analysis, Eye Check Up
N4	PRE-DIABETES ASSESSMENT	1 Diabetes Consultation + 1 Nutrition Consultation, Blood Profile, Diabetes Profile, Cardiac Profile, LFT, Kidney Profile, Thyroid Profile, Urine Analysis, Fat Analysis, Other Tests, Yoga & Meditation Workshops(Optional)
N5	OBESITY CONTROL	1 Diabetes Consultation + 1 Nutrition Consultation, Blood Profile, Diabetes Profile, Cardiac Profile, LFT, Kidney Profile, Thyroid Profile, Urine Analysis, Fat Analysis, ECC, Yoga & Meditation Workshops(Optional)
N6	PREGNANCY WELLNESS (GESTATIONAL)	1 Diabetes Consultation + 1 Nutrition Consultation, Blood Profile, Diabetes Profile, OGTT, Cardiac Profile, LFT, Kidney Profile, Thyroid Profile, Urine Analysis, Prolactin LH/FSH, Yoga & Meditation Workshops(Optional)

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